

## MORNING PRESCHOOL CLASS INFORMATION SHEET (7:45 AM – 12:00 PM)

### Welcome to Cottage Roots Learning Solutions!

We are thrilled to welcome your child to our enriching morning preschool class! Our program is designed to nurture curiosity, foster creativity, and build foundational skills in a warm, supportive environment. At Cottage Roots, we believe that each child is unique and learns best through hands-on experiences, meaningful play, and positive social interactions.

### Program Overview

Our morning class offers a balanced approach to early childhood education, focusing on the whole child—socially, emotionally, physically, and intellectually. Through a blend of structured activities and child-led exploration, your child will develop essential skills in literacy, math, science, art, and social-emotional well-being.

### Class Schedule

|                   |                     |
|-------------------|---------------------|
| Arrival:          | 07:45 AM – 08:00 AM |
| Class Activities: | 08:00 AM – 11:00 AM |
| Lunch:            | 11:00 AM – 11:30 AM |
| Pick Up:          | 11:30 AM – 12:00 PM |

### Daily Schedule

#### 07:45 AM – 8:00 AM: Arrival & Welcome

- Children are greeted and settle in with quiet activities or free play.
- Sign-in and morning routines help children transition smoothly into the day.

#### 08:00 AM – 8:30 AM: Morning Circle

- Group time with songs, calendar, weather, and sharing.
- Introduction of the day's theme and activities.

#### 08:30 AM – 10:00 AM: Learning Centers & Small Groups

- Rotating centers: Literacy, Math, Science/Sensory, Art, Dramatic Play, and Building.
- Teachers facilitate small group activities and individualized learning.

#### 10:00 AM – 10:30 AM: Snack & Social Time

- Healthy snacks provided (please inform us of any allergies).
- Social interaction and self-help skill development.

#### 10:30 AM – 11:00 AM: Outdoor/Gross Motor Play

- Weather permitting, children enjoy outdoor play or indoor gross motor activities.

#### 11:00 AM – 11:30 AM: Story & Reflection

- Group story time, discussion, and review of the day's learning.
- Mindfulness or relaxation activities to prepare for pick up.

#### 11:30 AM – 12:00 PM: Pick Up

- Children prepare for departure and are picked up by families.

### Program Features

- **Child-Centered Curriculum:** Activities designed to engage children in creative thinking, problem-solving, and collaborative play.
- **Holistic Development:** Focus on cognitive, social, emotional, and physical growth.
- **Small Class Size:** Personalized attention to support each child's learning journey.
- **Family Communication:** Regular updates and opportunities for family involvement.
- **Experienced Educators:** Passionate teachers dedicated to nurturing every child's potential.

### Tuition & Enrollment

- **Morning Class (07:45 AM – 12:00 PM):**
  - Tuition: (please contact us for current rates)
  - Includes daily snack and all classroom materials
- **Eligibility:**
  - Children ages 2-5 years
  - Potty training not required

### What to Bring

- Labeled backpack
- Change of clothes (labeled)
- Water bottle
- Weather-appropriate outerwear (for outdoor play)

### Questions?

We are here to support your family and answer any questions you may have about our program. Thank you for choosing Cottage Roots Learning Solutions for your child's early learning experience. We look forward to an exciting year of growth, discovery, and fun!